## COLE WOMEN'S MINISTRIES 2008-2009

## PSALM 23

Memorize any portion (or all) of Psalm 23 that you choose. Said to\_\_\_\_\_

<u>Read</u> Psalm 23 five times. *Think* about it, *pray* about it, and *observe* it carefully. *Write down* one observation from *each* reading.

- 1)
- 2)
- 3)
- 4)
- 5)
- 1. In this psalm David pictures the Lord in two different ways. As what is the Lord pictured (one word):
  - a. in verses 1-4?
  - b. in verses 5 and 6?
- 2. Put verse 1 into your own words.
- 3. What relationship does verse 1 have to verses 2-4?
- 4. Notice the verbs or action words in verses 2-4. They tell *what* the shepherd does for the sheep. List the things he does from these verses.

- 5. What do green pastures and quiet waters symbolize to you?
- 6. How does the Lord bring you to "green pastures and quiet waters" today?
- 7. a. Psalm 19:7 tells one way that the Lord restores the soul. What is it?
  - b. Can you give an example of how you've found this to be true?
- For a sheep, to be guided in paths of righteousness would mean to be guided in the right path. *What* does it mean to us and *how* does "for His name's sake" tie in? (Ezekiel 36:22-32 will stretch your understanding.)
- 9. How does the concept you see in question 8 make you feel?
- 10. If God is committed to being our guide (and He is) and to leading us in right paths (verse 3), *what does that tell us* about the times when we walk through dark shadows? (Does it mean we missed the road? Look carefully at verses 4 *and* 3.)
- 11. Even though we walk through dark valleys the ultimate being death *what* are we relieved of and *why*?

12. See if you can discover the purpose of a shepherd's: a. rod.

b. staff.

- 13. Why would God's use of these in *your* life be a comfort?
- 14. Notice that in dark times David shifts from speaking *about* God (the Lord, He, etc.) to speaking *to* God. (Thou art with me, verse 4.) We, too, need to personalize the principle in verse 4. *Write* a prayer telling God your particular dark time at present and *tie in* the concepts David uses at the end of verse 4. (You will *not* have to share this in class but please do it!)

- 15. What things does God *do* for the psalmist in verses 5 and 6?
- 16. Verse 4 suggests guidance through a threatening situation but verse 5 goes a step further and intimates triumph. The feast with its well-set table, festive oil (Psalm 104:15, Luke 7:46), and brimming cup would symbolize this triumph. *What* implications does this have for your life? (A good cross reference would be II Corinthians 12:9–10.)

- 17. In verse 6 we see the culmination of a journey. Where will it all end?
- 18. Why is house or home a good metaphor or picture? What does it suggest?
- 19. In verse 6, "follow" has the idea of "to pursue," and "lovingkindness" or "mercy" comes from the strong word for "covenant love." What additional insight does this give into this verse?
- 20. Who is the predominate force in this psalm? (Notice how the first and final lines serve as a frame for the other thoughts.)
- 21. As you consider Psalm 23 answer the following:a. Who is God?
  - b. Who am I?
  - c. In light of my observations I want to respond by:

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